

THE L&A CHRONICLE

JUNE 2022



What a journey its been!

Here we are, six months into 2022, and we can't help but reflect on how amazing this year has been. Forming part of the community of Hartbeespoort has been a privilege and we look forward to our continued partnership in the years to come.

We're truly grateful to have the opportunity in engaging with the immediate and surrounding areas of the Harties community.

With big developments waiting on the horizon, we want to make sure we stick to our roots in client service and building in-depth relationships with our clients.

We hope you enjoy our newsletter as we reflect on some past events and as well as share in some exciting events that lie ahead.



“ There are only 2 ways to live your life. One is as though nothing is a miracle, The other is though as if everything is a miracle

- Albert Einstein



What to expect in this issue?

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Service Locations

We strive to provide our clients with the opportunity to receive therapeutic services no matter where they find themselves.

Our main premises at Crossroads Centre is central to Hartbeespoort, however, we can be located in different areas surrounding Hartbeespoort, Pretoria or via online platforms

Main Practice Location

Crossroad Centre,
4 Verdi Street
Hartbeespoort

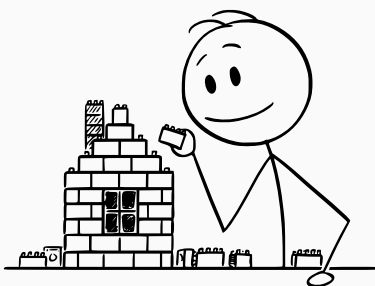


Can't make it to the practice?
Where can we help you?



Telemedicine

School visits



- Pecanwood
- Millstream
- Hartbeespoort
- Hennops

Site Visits



- Hartbeespoort
- Pretoria North
- Brits



House Visits

How our year's
been going





DIY Sensory Workshops

At Elzani Lombard OT, we're all about the process of development. We believe that one's well-being is based on active participation in the 'doing' and not just racing to get to the finish line.

As a result, we created a space for caregivers and children to take part in creative and relaxing sensory workshops. All ages welcome!

What do we have on the sewing table?

Deep Pressure Sleeper

Create a deep pressure pillow for those kids who love some extra tight hugs at night.

Sensory Swing

These wonderful lycra swings are wonderful to regulate, and gives hours of fun for your little one.

Teepee 'Me-Time' tent

Create a beautiful time-out space just for your little one (or for you!) and let the adventure begin.

Mini Sensory Garden

Come and create a mini sensory garden full of fun, texture, nice-smelling and colorful elements.

Tactile Bean Bags

Bean bags are fun in so many ways, let's texture it up with interesting fillings to keep them interested.

For the Parents

For the Kids

'Me & My Guardian' Sessions

The 'Me and My Guardian' offering entails an integrated therapy approach with its focus to align the goals of both child and parent.

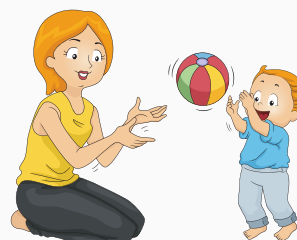
What is included?

- 1 x parenting style assessment
- 1 x group therapy session (Guardian, child, OT & Psychologist)
- 1 x Parenting Guideline Resource
- 1 x Parenting Style feedback report



Need more information?

Make sure to reach out should you require any more information by contacting
Elzani Lombard
OT@LombardAssociates.co.za
or 084 262 0521



"Learn how your child navigates the world and they might just teach you something"
- John Trap

The 'Going & Growing' Holiday Program

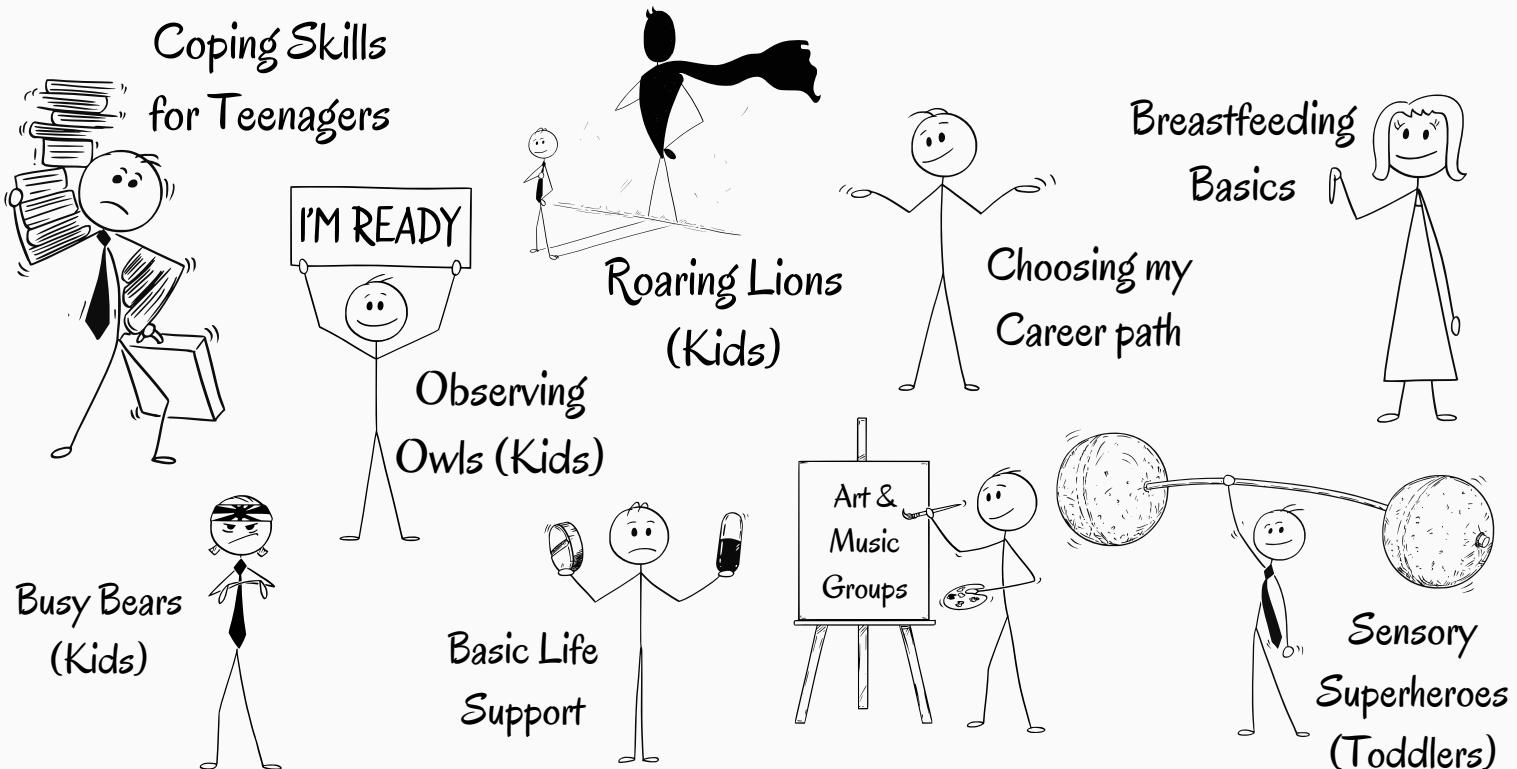
11 to 16 July 2022

Winter is known for decreasing the morale, and motivation of people, with the beginning of the year's energy slowly running out.

After our New Beginnings Holiday program set the tone for 2022, our next range of workshops are here to help!



Be on the look-out for the following workshops:



All workshops are facilitated by individuals registered with the Health Professions Council of South Africa and include, Occupational Therapists, Psychologists, Physiotherapists & Medical Doctors.

Did you know?

With so many new projects on the horizon, it's also important to take stock of what we have. Here is to serving you!

We support High Schoolers through

- Subject Guidance
- Career Guidance
- Coping Skills
- EQ Development



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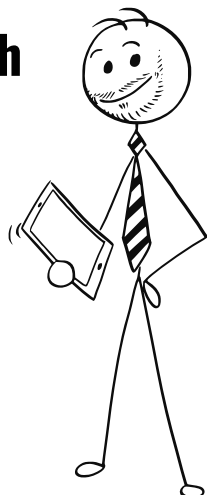
The number of Psychological accreditations we hold

Contact us today to find out more:
Support@LombardAssociates.co.za



We can help you with your Team Functioning

- Psych Assessment
- Conflict Resolution
- Group Dynamics
- Value Alignment



Where to find us on Social Media:

LOMBARD & ASSOCIATES

 - LOMBARD & ASSOCIATES

 - LOMBARD & ASSOCIATES

ELZANI LOMBARD OT

 - ELZANI LOMBARD OT

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